

# ORTHOPEDIC SURGERY CONTROVERSIES 2017

## JANUARY 27-28, 2017

LAGUNA CLIFFS MARRIOTT HOTEL • DANA POINT, CALIFORNIA

### Shoulder Arthroplasty Day

#### CASE BASED FORMAT

##### **The Young Osteoarthritic Shoulder**

Surgical Options  
Total Shoulder

##### **Massive Rotator Cuff Tear**

Superior Capsular Reconstruction  
Arthroscopic Repair  
Allograft Reconstructions  
Reverse Shoulder

##### **Four Part Fracture Management**

Humeral Rodding  
Reverse Shoulder

##### **P. Acnes in Shoulder Surgery**

Current Management

### Shoulder Arthroscopy Day

#### **Understanding The Glenoid Track**

GIRD: Is it pathologic?  
Remplissage: Does it Work?

#### **Irreparable Rotator Cuff Tear**

Superior Capsular Reconstruction  
Initial Experience  
Allograft Onlay and Interposition

Revision Arthroscopic  
Rotator Cuff Repair

#### **The Overhand Athlete: SLAP Management**

#### **Acromioclavicular Joint Separation Reconstruction**

Arthroscopic and Open  
Avoiding Complications

### Special Topics

#### Technique Videos

#### B2 Glenoid Bone Loss

#### Chairman:

**Wesley M. Nottage, M.D.**

#### Faculty:

**John Costouros, M.D.**

**John Itamura, M.D.**

**Jaideep Iyengar, M.D.**

**Thay Lee, Ph.D.**

**Tom Norris, M.D.**

**Stephen Snyder, M.D.**

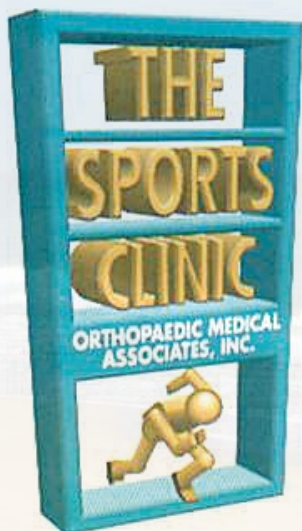
**Wesley Phipatanakul, M.D.**

**Patrick St. Pierre, M.D.**

**Harris Stutman, M.D.**

**James Tibone, M.D.**

**Eugene Wolf, M.D.**



Sponsored by



# Orthopedic Surgery Controversies 2017

## The tough questions.

### Advancing Your Outlook.

#### General Information

We will challenge your thinking and make you reconsider your ideas, learn new ideas, and try to put some perspective on unresolved issues in shoulder surgery.

Orthopedic Surgery Controversies 2017 is a meeting by surgeons and for surgeons.

We will have the shoulder faculty help put some perspective in these controversial areas, and provide some experience and judgment on these issues.

The case based format will make use of audience response units, to further the faculty and audience interaction.



We believe that the experienced surgeon who faces these difficult decisions, will, learn new approaches or techniques from direct interactions with other surgeons for use in their own practice.

#### Industry Workshops

We may offer an option to attend product specific workshops, sponsored by industry, highlighting the technical aspects of a given product. These sessions will be offered mid-day and are NOT CME sessions.

#### Target Audience:

This activity has been planned for orthopedic surgeons and other healthcare professionals involved in the care of patients with shoulder conditions.

#### Statement of Purpose:

This activity is designed to update the physician regarding the different choices and newer options for management of challenging shoulder disorders.



ISAKOS Approved Course





# The ideal location for exploration and education

## Laguna Cliffs Marriott Hotel

25135 Park Lantern

Dana Point, California 92629

**Main Phone: 949-661-5000**

Perched atop the cliffs of Dana Point, Laguna Cliffs Marriott Resort & Spa sets the standard for relaxed luxury along the beautiful Southern California coast. Discover a tranquil setting that is worlds apart from ordinary, yet convenient to all of Southern California's finest attractions. The recent multimillion dollar renovation features a fresh new look. Come enjoy the AAA Four-Diamond coastal Resort known for thoughtful amenities and attentive Laguna Cliffs Marriott Resort & Spa service. Wifi is available on the campus, with 378 rooms and 16 suites available for lodging.



The hotel is located 16 miles from John Wayne/Santa Ana Airport (SNA) and 60 minutes from Los Angeles Airport International (LAX).

Course participants will benefit from our convention rate of \$209/night during the meeting, for a king size bed room, provided our meeting, "Orthopedic Surgery Controversies 2017", is referenced when making the reservation. The deadline for registration to get this room rate is December 21, 2016. The meeting rate will be extended for three days before and after the meeting.

### Course Objectives

- Management and prevention of deep infection in the shoulder.
- Describe the treatment options for a young individual with shoulder arthritis
- Discuss the critical shoulder angle and its application in shoulder surgery
- Describe the current biologic allograft applications in shoulder surgery
- Recognize the positive impact patient centered care plans and cultural sensitivity have on the overall outcome (AB1195)

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Institute for Medical Quality/California Medical Association (IMQ/CMA) through the Joint Providership of Long Beach Memorial Medical Center CME Program and The Sports Clinic Orthopaedic Medical Associates, Inc. The Long Beach Memorial Medical Center CME Program is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Long Beach Memorial Medical Center CME Program designates this live activity for a maximum of 16.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certificate in



Continuing Medical Education.

*NOTE: The Industry sessions are NOT included in the number of approved CME accredited hours as noted on the agenda.*

### Faculty Disclosure

As a provider accredited by the Institute for Medical Quality/California Medical Association, Long Beach Memorial Medical Center must ensure balance, independence, objectivity and scientific rigor in all of its sponsored educational activities and adheres to the ACCME Standards for Commercial Support. LBMMC has implemented a process where everyone who is in a position to control the content of an educational activity must disclose the nature of any relationship with a commercial interest.

### Disclaimer

The material presented in this course is provided for educational purposes, and is not intended to represent the only or necessarily best approach for a given problem, but rather intended to present an approach, opinion, and technique which may be helpful to others faced with the same problems.

We disclaim any and all liabilities of injuries and damages arising from the use of these techniques or participation in this meeting, whether asserted by the participant or another claimant.

### Americans with Disabilities

The Sports Clinic Orthopaedic Medical Associates comply with the Americans with Disabilities Act. Should you need any special assistance, please contact the

course coordinator by December 1, 2016 at: [k.snellm1@gmail.com](mailto:k.snellm1@gmail.com) Every reasonable effort will be made to accommodate your needs.

### Registration Fees

The full early registration fee of \$1095 will allow the participant to attend all the meeting sessions, and any industry supported sessions.

Allied health participants, and Orthopaedic residents or fellows enrolled currently in a recognized training program (with letter verifying) may attend for a reduced fee of \$300.

All participants will receive a course syllabus, continental breakfast daily. Lunch may be provided in an industry session at no additional cost.

Registrants whose payment is received after October 1, 2016 will have an additional charge of \$150 added to the basic course fees.

### Refunds and Cancellations

The course sponsor retains the right to cancel this meeting on or before December 21, 2016 and return all funds paid by registrants for the meeting. No liability is assumed for other funds paid by subscribers in conjunction with this meeting. A service charge of \$100 will be withheld from cancellations granted at a participants request, providing a written request is received by December 15, 2016. No refunds will be issued after December 15, 2016.

# FRIDAY JANUARY 27

**7:00-7:30 REGISTRATION AND CONTINENTAL BREAKFAST**

## **SHOULDER ARTHROPLASTY SESSION**

**Section One Case: 55 year old 4 part proximal humerus fracture, displaced, BMI 41**

7:30-7:45	Biomechanics of Shoulder Fracture Fixation: What is important	Thay Lee PhD
7:45-8:00	ORIF Humeral Shaft AO Type 3 Technique-Results (Technique Video 10 min)	Wesley Phipatanakul MD
8:00-8:15	Proximal Humerus FX ORIF Plate and Screws Minimally to Maximally Invasive	John Costouros MD
8:15-8:30	RSA for Fracture (Technique Video 10 min)	Patrick St Pierre MD
8:30-9:00	ARS and CASES Discussion (Technique Videos)	<b>Wesley Phipatanakul MD</b>

**Section Two Case: 45 year old A1 Glenoid end stage OA, cuff intact**

9:00-9:15	Arthroscopic Debridement >2mm joint space Indications and Results	Stephen Snyder MD
9:15-9:30	Injection Therapy for Glenohumeral Osteoarthritis...how and what and where	James Tibone MD
9:30-9:45	Non reproducible results for treatment of OA; Resurface, Interposition, Ream	Tom Norris MD
9:45-10:00	Total Shoulder: Who is too young? Stemless?	John Costouros MD
10:00-10:30	ARS and CASES Discussion (Technique Videos)	<b>John Costouros MD</b>

**10:30-11:00 Break Visit Exhibits**

**Section Three Case: 45 year old female, painful hemiarthroplasty for fracture 2 years ago**

11:00-11:15	Effect Of Preoperative Skin Care On Deep Inoculation In Shoulder Arthroscopy	Wesley Nottage MD
11:15-11:30	Assessment Of Painful Prosthesis What Testing Works (Scope Bx)	Wesley Phipatanakul MD
11:30-11:45	Management of Shoulder Deep Infections	John Itamura MD
11:45-12:15	ARS and CASES Discussion	<b>John Itamura MD</b>

Management of Chronically Painful Primary TSA Negative Aspirates and Labs

Management of Unpredictable Positive Cultures after ORIF or Arthroplasty

**12:15-1:15 Lunch**

**Section Four Case: 52 year old male, glenohumeral osteoarthritis with Walch B2 glenoid 18 degrees**

1:15-1:30	Biomechanics: Dealing with Glenoid Bone Loss in TSA: What is important: offset, tilt	Thay Lee PhD
1:30-1:45	Bone graft and Base Plate (Technique Video 10 min)	Tom Norris MD
1:45-2:00	Glenoid Augmented Base Plates (Technique Video 10 min)	John Itamura MD
2:00-2:15	Eccentric Reaming What are the Limits (Technique Video 10 min)	Patrick St Pierre MD
2:15-2:45	ARS and CASES (Technique Videos)	<b>Patrick St Pierre MD</b>

<b>Section Five</b>	<b>Case: 63 year old Failed Non infected Loose Shoulder Prosthesis: Revision TSA RSA</b>	
2:45-3:00	Revision TSA with Bone Loss (Technique Video 10 min)	John Costouros MD
3:00-3:15	Revision RSA with Bone Loss (Technique Video 10 min)	Tom Norris MD
3:15-3:30	Management of SSC Rupture after TSA < 2 year > 2year	John Itamura MD
3:30-4:00	ARS and CASE Presentations (Technique Videos)	<b>Tom Norris MD</b>
<b>4:00-4:30</b>	<b>Break Visit Exhibits</b>	
<b>Section Six</b>	<b>My Nightmare Cases</b>	
4:30-4:45	Primary Total Shoulder Arthroplasty	James Tibone MD
4:45-5:00	Malunion or Nonunion Fracture	Wesley Phipatanakul MD
5:00-5:15	Reverse Shoulder Arthroplasty	John Itamura MD
5:15-5:30	Revision Reverse Shoulder Arthroplasty	Tom Norris MD
<b>5:30</b>	<b>Adjourn</b>	

## SATURDAY JANUARY 28

### 7:00-7:30 REGISTRATION AND CONTINENTAL BREAKFAST

#### SHOULDER ARTHROSCOPY SESSION

##### Section One Case: 22 year old overhand athlete with shoulder pain

7:30-7:45	SLAP and Proximal Biceps Lesions: Current Trends When to Repair (Technique Video 10 min)	John Costouros MD
7:45-8:00	Concepts: GIRD to Total Motion Loss... Is GIRD alone pathologic?	James Tibone MD
8:00-8:15	The Painful Overhand Athlete: Subtle anterior instability?	Thay Lee PhD
8:15-9:00	ARS and CASE Presentations (Technique Video 10 min)	James Tibone MD

##### Section Two Case: 19 year old male, third episode traumatic anterior inferior instability

9:00-9:30	Understanding The Glenoid Track Clinical Applications	Thay Lee PhD
	Biomechanics Of Our Procedures: Bristow, Remplissage Laterjet	
9:30-9:45	Remplissage Proper indications and Morbidity (Technique Video 10 min)	Eugene Wolf MD
9:45-10:00	Arthroscopic Revision Stabilization	John Costouros MD
10:00-10:15	Arthroscopic Stabilization with Bone Loss (Technique Video 10 min)	Stephen Snyder MD
10:15-10:45	ARS Cases (Technique Videos)	<b>John Costouros MD</b>
<b>10:45-11:15</b>	<b>Break Visit Exhibits</b>	

<b>Section Three Case: 56 year old elite tennis player, two tendon tear, mild atrophy, pain Rotator Cuff Disease</b>		
11:15-11:30	The Critical Shoulder Angle Uses And Subacromial Decompression	Wesley Phipatanakul MD
11:30-11:45	Intratendinous RCT Repair With Onlay Biologic Tissue (Technique Video 10 min)	Patrick St Pierre MD
11:45-12:00	Subacromial Decompression in 2017	Stephen Snyder MD
12:00-12:30	ARS and CASES (Technique Videos)	<b>Wesley Phipatanakul MD</b>
<b>12:30-1:30</b>	<b>Lunch</b>	
<b>Section Four Case: 55 year old three tendon tear, retracted to glenoid, no arthritis, minimal superior migration</b>		
1:30-1:45	Massive RCT Arthroscopic Repair: What Matters?	Eugene Wolf MD
1:45-2:00	Superior Capsular Closure Basic Science	Thay Lee PhD
2:00-2:15	Arthroscopic Superior Capsular Closure Technique Early Results (Technique Video 10 min)	John Costouros MD
2:15-2:30	Arthroscopic Human Dermal Allograft for cuff augmentation (Technique Video 10 min)	Stephen Snyder MD
	Biologic Augmentation (Onlay) with Repair (Technique Video 10 min)	Patrick St Pierre MD
2:30-3:00	ARS and CASES (Technique Video 10 min)	Stephen Snyder MD
<b>3:00-3:30</b>	<b>Break Visit Exhibits</b>	
<b>Section Five Case: 22 year old male AC separation Type 4</b>		
3:30-3:45	Arthroscopic AC Reconstruction	Eugene Wolf MD
3:45-4:00	All Arthroscopic AC Reconstruction My Technique (Technique Video 10 min)	John Costouros MD
4:00-4:15	Open AC Reconstruction (Technique Video 10 min)	James Tibone MD
4:15-4:30	Complications of AC Repair: What to avoid	John Itamura MD
4:30-5:00	ARS CASES Discussion: AC Excision? Horizontal Instability, # clavicular holes	Eugene Wolf MD
<b>Section Six Miscellaneous and Outpatient Shoulder Joint Replacement</b>		
5:00-5:15	Patient Centered Care	Harris Stutman MD
5:15-5:30	Patient Risk Stratification for Outpatient Joint Replacement	Jaideep Iyengar MD
<b>5:30 PM</b>	<b>Adjourn</b>	

**We wish to thank the following individuals for their generous donation for the support of this event.**

**THE SPORTS CLINIC FELLOWS FUND**

- |                     |                      |                       |                     |
|---------------------|----------------------|-----------------------|---------------------|
| Arif Ali M.D.       | James Ferrier M.D.   | John Leupold M.D.     | Charles Rutolo M.D. |
| Michael Chuang M.D. | Matthew Fouse M.D.   | Robert Lieurance M.D. | Russ Striff M.D.    |
| David Doctor M.D.   | R. Scott Jolson M.D. | Luis Marrero M.D.     | David Tonnies M.D.  |
| Robert Fan M.D.     | Daniel Lee M.D.      | Sharoun Porat M.D.    |                     |

# REGISTRATION FORM

## ORTHOPEDIC SURGERY CONTROVERSIES 2017

*Please Print Clearly*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

TELEPHONE: (     ) \_\_\_\_\_ FAX: (     ) \_\_\_\_\_

EMAIL: \_\_\_\_\_

Medical License# or last 5 digits of SSN (Mandatory) \_\_\_\_\_

### **COURSE REGISTRATION FEE:**

\_\_\_\_ BASIC COURSE REGISTRATION FEE **\$1095**

\_\_\_\_ ALLIED HEALTH \$500 (with confirming letter)

\_\_\_\_ REGISTRATION AFTER OCTOBER 1, 2016 **ADD \$150**

### **Industry Sessions:**

#### **ALL PARTICIPANTS:**

WAIVER: The undersigned agrees to participate in this medical education activity with the full understanding of the risks, and if participating in the cadaver laboratory, is aware of the risks of cadaveric specimens. I release The Sports Clinic Orthopaedic Medical Associates, Inc, and their officers, agents, employees, and each from any liability whatsoever for any injury, disease, or other damage which may result in any way from participation in these educational activities. I have read and understand the above waiver.

SIGNATURE (Participant): \_\_\_\_\_

**TOTAL FEES:** \_\_\_\_\_

CREDIT CARD NUMBER: \_\_\_\_\_ EXPIRATION: \_\_\_\_\_

CARD COMPANY: VISA    MASTERCARD    AMERICAN EXPRESS

CARDHOLDER NAME: \_\_\_\_\_

SIGNATURE AUTHORIZING PURCHASE: \_\_\_\_\_

*Unless registered online, please mail completed registration form, signed waiver, and payment to:*

### **ORTHOPEDIC SURGERY CONTROVERSIES 2017**

The Sports Clinic  
23961 Calle de la Magdalena #229  
Laguna Hills, CA 92653  
949-581-7001    Fax 949-581-8410

**ONLINE REGISTRATION AT: [WWW.ORTHOPEDICSURGERYCONTROVERSIES.NET](http://WWW.ORTHOPEDICSURGERYCONTROVERSIES.NET)**

(Please make checks payable to: The Sports Clinic Educational Foundation)

## ORTHOPEDIC SURGERY CONTROVERSIES 2017

### The Sports Clinic

23961 Calle de la Magdalena #229  
Laguna Hills, California 92653 USA

CORRECT  
INDICIA  
WILL BE  
ADDED BEFORE  
PRINTING



**JANUARY 27-28, 2017**

**Laguna Cliffs Marriott Hotel  
Dana Point, California**

[www.orthopedicsurgerycontroversies.net](http://www.orthopedicsurgerycontroversies.net)

#### **Course Chairman**

Wesley M. Nottage, M.D.  
The Sports Clinic Orthopaedic  
Medical Associates, Inc.  
Laguna Hills, CA 92653  
(949) 581-7001  
[bigdog492653@yahoo.com](mailto:bigdog492653@yahoo.com)

#### **Course Coordinator**

Kathryn Snell RN  
23961 Calle de la Magdalena #229  
Laguna Hills, CA 92653  
(949) 632-7055  
[k.snellrn1@gmail.com](mailto:k.snellrn1@gmail.com)

Join us in sunny Dana Point this January for a truly unique and innovative surgical learning experience. Orthopedic Surgery Controversies is designed by surgeons for surgeons to set a higher standard for continuing education and interactive investigation at the forefront of your specialty.

Combining a strong case based format and audience response systems, we are trying to provide the best learning tool, while stimulating insights to advance your knowledge, decision making processes, and surgical skills alongside the best and the brightest.

We look forward to your visit.

Wesley M. Nottage, M.D.  
Chairman